SEMANTIC CHANGE OF ĀTMĀN- IN THE
R̥GVEDA AND THE ATHARVAVEDA

Verónica ORQUEDA*

ABSTRACT: This paper studies the use of ātmān- in the R̥gveda and the Atharvaveda, and aims to show an ongoing semantic change through the period of composition and compilation of these texts. A cognitive and typological-functional approach is used here and all cases where ātmān- appears in the corpus have been analysed both grammatically and philologically. The results of this research show that ātmān- acquires new meanings and uses during the course of this process (‘being, ‘self’), without losing the previous ones (‘vital breath’, ‘breathe’). The systematisation of the different uses into a semantic map leads to the conclusion that: 1) the directionality of this semantic change is similar to that of equivalent words in other languages, and 2) this change is closely connected to that previously experienced by tanū- ‘body, ‘self’. Thus, this research aims to provide specific evidence for cross-linguistic studies on grammaticalisation and the directionality of change.


Introduction

Ātmān- is one of the most meaningful concepts found in the philosophical and speculative texts of ancient India, of particular relevance to Buddhism and Hinduism. The question of its essence, its intrinsic nature, has been the subject of innumerable research papers, as has been the difficulty in establishing a uniform meaning throughout the different periods of the Vedic language and classical Sanskrit (WILLMAN-GRABOWSKA, 1930; RENOU, 1997; GARDNER, 1998; ELIZARENKOVA, 2005). From a linguistic perspective, this difficulty is due to the changes experienced by the word through a continuum across the various periods of this Indo-Aryan language as well as within the whole of the hymns that make up the corpus analysed in this research paper.

Particularly, an important antecedent for the present analysis has been the work of ELIZARENKOVA (2005), focussed on the values and usage of this word in the R̥gveda, that is, the most ancient collections of texts preserved in this language. The author claims that the meaning of this term in the earliest texts

* USACH - Universidad de Santiago de Chile. Vicerrectoría Académica - Programa de Acceso Inclusivo, Equidad y Permanencia. Santiago - Chile. 9170125. veronica.orqueda@usach.cl
differs significantly from that found in the later texts. Trying to articulate the present work with that of ELIZARENKOVA (2005), the research objectives that originate this paper have been the following: a) generally, to obtain an overview of the different uses and meanings of this word in the \textit{Rgveda} and the \textit{Atharvaveda Śaunakīya} (excluding data from the AV \textit{Paippalāda} due to the more difficult access to complete editions as those existing for the \textit{Śaunakīya} recension), hereinafter referred to as the RV and the AV respectively; b) and more specifically, to determine the way in which semantic changes occur from certain values to others in light of the existing methodologies in the study of the directionality of semantic change, grammaticalisation and semantic maps, in line with proposals by Hopper and Traugott (2003), Heine and Kuteva (2002), Haspelmath (2003) and François (2008).

This research will attempt to show, firstly, that certain semantic changes can be identified from the earliest texts of the RV to those more recent and on to the AV; and secondly, that these changes do not occur randomly but rather across contiguous zones of meaning. This paper will show that the semantic development of \textit{ātmān-} is closely related to that of \textit{tanū́-}, as the semantic changes of the latter appear to influence the changes in the former. Finally, given that one of the functions of \textit{ātmān-} within the AV is to act as a reflexive marker, the acquisition of this role will be explained using semantic-syntactic criteria; this explanation is also directly linked to the development of this word in conjunction with that of \textit{tanū́-}.

The research was conducted in the following phases:

1) All passages in the RV and the AV containing \textit{ātmān-} have been compared and analysed to determine the most accurate meaning in each case.

2) The methodology of semantic mapping has been applied, analysing the process of semantic change according to a specific directionality in order to contrast the evidence with existing cross-linguistic proposals.

3) The change occurring in \textit{ātmān-} has been compared to that of \textit{tanū́-}, in order to identify similarities and differences.

In order to illustrate the main premise of this work, that semantic change occurs in a specific direction and across contiguous areas of meaning, this analysis is structured to present the different meanings independently, later relating them to each other using a semantic map. There are diachronic implications to the notion that semantic change necessarily occurs over time. However, it should be restated here that the principal aim of this work is not to argue in favour of a specific periodisation of the Vedic language, and therefore will not present the different uses of \textit{ātmān-} in a chronological order.
Language of the RV and the AV

The RV and AV constitute the most ancient texts of any Indo-European language preserved in India, and as with other ancient languages of this family, it is a highly flexive language, with a very rich morphology and a large case system.

Generally speaking, the hymns of the RV and AV are liturgical texts, recited at different moments of the Vedic ritual. Many of these texts are repeated in both the RV and the AV (many hymns from one appear partially or entirely in the other), but it can be said that the RV contains a greater number of hymns alluding to rites of a public nature, while the principal texts of the AV are cosmogonic and theological hymns, used in sanskāra rituals (“sacraments”), rites for women, rituals related to the king, prayers for health and long life, incantations for prosperity and luck, texts to atone for sins, texts to cure illness, and incantations against demons and sorcery (LUJÁN, 2010a); broadly speaking, it can be claimed that the AV largely consists of hymns of a private nature.

It is impossible to establish precise dates, but it is estimated that these hymns were composed between the middle of the second millennium B.C. and the end of the first millennium B.C. The most accepted chronology of these texts divides their composition into the following stages (WITZEL, 1989):

a) **Early Vedic period**, the central language of the Rgveda-samhitā: RV 1.51-191, Books 2 to 7, that is, the “Family Books” (collections or mandalas distributed according to priestly families to which each is attributed), 8.1-66 and perhaps parts of Book 9.

b) **Later Early Vedic period**, consisting of the language of RV Books 1.1-50, 8.67-103, Book 10 and perhaps parts of Book 9.

c) **Ancient Vedic period**, corresponding to the language of the late Mantra period, representing the language of the RV-Khila (a series of apocryphal hymns), Sāmaveda, Atharvaveda (Pāippalāda and Śaunakīya), Yajurveda.

Some observations should be made regarding the periodisation of the AV and its relation to the RV. Firstly, there are not merely chronological differences between the hymns of the RV and the AV, but dialectal differences as well (PARPOLA, 2002; WITZEL, 1997). Secondly, the AV can be considered as later than the RV, not because of its antiquity but essentially because of the process of compilation and canonisation, closely linked to the most recent linguistic characteristics of some of its hymns (WITZEL, 1997).

Distribution of ātman- in the RV and AV

The term ātman- is of Indo-European origin and etymologically related to the German Atem ‘breath’ and the Gothic uz-anan ‘exhale’ (MAYRHOFER, 1986-
1992, p. 164; PUDDU, 2005, p. 91). There is a wide disparity in the frequency of its use, appearing just 22 times in the RV, and in 48 passages in the AV. The distribution of its use according to the language periods indicated above is as follows:

<table>
<thead>
<tr>
<th></th>
<th>RV 2-7</th>
<th>RV 8-9</th>
<th>RV 1 &amp; 10</th>
<th>AV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nº of passages</td>
<td>2</td>
<td>5</td>
<td>15</td>
<td>48</td>
</tr>
</tbody>
</table>

**Table 1** – Distribution of ātman- in the RV and AV

The conclusions drawn here cannot be considered absolute but merely an approximation as there is no precise word count for each specific case. But, given the current lack of any quantitative database of the frequency of word use in the RV and the AV, it is not possible to provide more information at present. However, with this caveat, it may be instructive to note the distribution of its endings:

<table>
<thead>
<tr>
<th></th>
<th>N.SG</th>
<th>AC.SG</th>
<th>LOC.SG</th>
<th>ABL.SG</th>
<th>INS.SG</th>
<th>DAT.SG</th>
<th>LOC.PL</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>RV</td>
<td>15</td>
<td>4</td>
<td>1</td>
<td>2</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>22</td>
</tr>
<tr>
<td>AV</td>
<td>12</td>
<td>12</td>
<td>8</td>
<td>4</td>
<td>6</td>
<td>3</td>
<td>3</td>
<td>48</td>
</tr>
<tr>
<td>TOTAL</td>
<td>27</td>
<td>16</td>
<td>9</td>
<td>6</td>
<td>6</td>
<td>3</td>
<td>3</td>
<td>70</td>
</tr>
</tbody>
</table>

**Table 2** – Distribution of ātman- in the RV and AV by morphology

Although merely exploratory, these figures point to a possible extension from direct towards oblique cases in the AV and not in the RV, which has both morphological and syntactic implications.

**Uses and meanings**

Traditionally, scholars have highlighted the polysemy of this term. Among the most frequently attributed meanings are ‘vital breath’, ‘spirit’, ‘being’ or ‘soul’, although this concept should not simply be understood as separate from the physical and corporal aspect of one’s being. Thus, notes Grassmann (1976, author’s italic):
In addition to the different lexical values mentioned above, related literature often makes reference to its possible reflexive use (MENDOZA, 1984; KULIKOV, 2007; HETTRICH, 2010) although there is no consensus among specialists in this matter. Mayrhofer (1986-1992), for example, believes this value already occurs in the RV while other authors, such as Delbrück (1888), maintains that it only appears from the AV on.

Additionally, and in relation to the question of its essence, in studying the concepts referring to the English term self, Gardner (1998) maintains that ātmán- is related to a vital and dynamic element that remains to a degree unspecified. Thus, the term is closely connected to elements characterised by their animacy features.

Considering the semantic description found in standard reference texts, and based on a painstaking analysis of all passages in which the term occurs, the following panorama can be offered, classifying the different meanings and uses encountered, first in the RV and later in the AV.

**Rgveda**

**Vital principle**

This is the most frequently cited meaning and is found throughout the entire corpus. Translations may vary between the notions of ‘spirit’, ‘vital breath’ or ‘vital principle’, but what appears clear is that this concept makes reference to some element related to respiration and from this to life itself (ZYSK, 1993). Using this meaning, the texts make reference to that which is full of life or vitality in the most recent Books (examples 1 & 5), as well as the two sole cases found in the “Family Books” (examples 2 & 3) and in more complex Books such as 9 (example 4):

---

1 “Breath clearly occurs with the explicit parallel vāta (...); and is in close contact with this, 2) vital breath, respiration, breath of life; even 3) spirit of life, vital principle, and 4) it is used once as spirit of the illness (yākṣmasya); 5) the living body, considered as a whole.” (GRASSMANN, 1976, our translation)
(1)² dákṣiṇā³ ánnam vanute yáḥ⁴ naḥ ātmā
reward-N.SG food-ACC.SG procures-3SG.PRS.MED REL.N.SG 1PL.G N.SG
‘The reward procures food, which [is] our vital principle’ (RV 10.107.7c)

(2) ātmā te vātaḥ rájaḥ ā-navīnot
N.SG 2G.SG wind-N.SG sky-ACC.SG roar.towards-3SG.INT
‘The wind, your vital principle, roars once and again towards the sky’ (RV 7.87.2a)

(3) Tāsmin ātmā jágataḥ tathūṣaḥ ca
DEM.LOC.SG N.SG moving -G.SG fixed-G.SG And
‘In him is the vital principle of what is moving and what is fixed’ (RV 7.101.6b)

(3) should not be interpreted to mean that the vital principle belongs to something that is not alive but rather that inanimate objects also have their own vital principle. A similar case appears in (2), as the wind, an element of nature, is deified as an animated element. From this, it seems logical to apply this concept to elements which are initially not alive but animated. For example:

(4) ātmā yajñásya
N.SG sacrifice-G.SG
‘The vital principle of the sacrifice’ (RV 9.6.8a)

Within the scope of animated elements, this term serves for both human and divine beings:

(5) ātmā devānām bhúvanasya gárbaḥ
N.SG god-G.PL world-G.SG embryo-N.SG
‘The vital principle of gods, the embryo of the world’ (RV 10.168.4a)

Given the paucity of evidence in the most ancient texts of the RV, it is impossible to affirm categorically that the term was initially used to refer to animated beings and was then extended to inanimate objects. However, this hypothesis cannot be ruled out as this direction is closely related to the proposed hierarchy of animation in many languages (CROFT, 2003).

² Throughout the work only ātman- is not translated in the glosses to avoid conditioning the semantic interpretation in each case.
³ Dákṣiṇā is the remuneration or payment to the priest paid by those requesting the rite or sacrifice to be performed.
⁴ The use of the masculine here despite dákṣiṇā being feminine may be a case of attraction by ātmān-
While this meaning is present throughout the entire RV, it is only in the most recent hymns that this vital principle is identified as one of the parts of the being and, as such, in a close relationship with other parts of the being. But this particularity may merely be due to a lack of evidence, for example:6

\[(6) \text{bhúmyáḥ ásuḥ ásr̥ k ātmā kvá svit}\]

\text{earth-G.SG life-N.SG blood-N.SG N.SG where IP}

‘Then, where is the life, the blood, and the vital principle of earth?’ (RV 1.164.4c)

\text{Ásu- and átmán- are two components of the being that have a strong interrelation (KAHLE, 2012) and both are involved in this process of semantic change. Some translations present the two as almost synonyms although there is a fundamental difference found in these texts: átmán- is located within the subject, while ásu- is a state into which the subject enters; thus, ásu- is an element associated with death and the Afterlife, at times approaching the notion of ṣvadha (ELIZARENKOVA, 2005, p.127); in other words, the concept of ásu- corresponds to that part of life that extends beyond death. It is no coincidence that these types of references appear in Books 1 and 10, which are precisely those which begin alluding to death and scatology.}

Another element of the being linked in these texts with átmán- is \text{tanú́- ‘body’}.6

\[(7) \text{ātmā pitúḥ tanúḥ vásah ojodāḥ abhyāñjanam}\]

\text{N.SG nourishment-N.SG body-N.SG dwelling-N.SG strengthening-N.SG unguent-N.SG}

‘The vital principle [is] the nourishment, the body [is] the dwelling, the unguent [is] strengthening’ (RV 8.3.24ab)

The parallel between these clauses suggests a difference between átmán- and tanú-: the character of “holder” or “container” of tanú- (“dwelling”, a place where one resides) is contrasted with the character of “content” or “contained” of átmán- (“food” or “nourishment”, which enters into the dwelling and fills it with life).

As noted by Elizarenkova (2005), the relation between this concept and words related to ‘food’ or ‘nourishment’ in the RV should come as no surprise; it also occurs in RV 7.101. 6 (\text{pitú-}) and in RV 9.85.8 (\text{dhāsi-}). This frequent relation leads the author to suggest that the vital principle may be understood as something physical in relation to the human body (ELIZARENKOVA, 2005). However, we must recall, firstly, the presence of this concept in relation to animated elements (although not necessarily animate), and, secondly, the importance of ingestion in

5 Similar to AV 9.9.4c.

6 Given that this article is focussed on the semantic behaviour of átmán- rather than tanú-, the latter will be glossed in each case.
Vedic ritual, not simply as a habitual action but as the performance of a religious rite (MALAMOUD, 1996): the priest can be regarded as a cook and the oblations are the substance that is prepared and consumed. The main gods of the Vedic pantheon are invited to eat and drink, and are petitioned to lend their strength and actions to those making the offering (PATTON, 2005). Ingestion is essential to the rite and for relations of reciprocity and the food can also be considered as the “essence” of the sacrifice, which explains the parallels between these two kinds of concepts.

From the idea that ātmán− refers to what is full of life, it seems that in certain contexts the meaning has shifted from “that which fills with life” to “the being with life”, including both corporeal and incorporeal aspects. This becomes especially evident in passages that mention the extraction of an illness from ātmán−. In other words, a change takes place due to metonymy, in which the point of departure is that ātmán− is that which fills with life and the finishing point is that ātmán− is a being full of life, an animated being.

**Animated being**

The translation of the concept of ‘being’ is highly complex and has given rise to a great deal of discussion and debate in both Western and Indian thinking. The concept of ātmán− lies at the heart of this debate, although it is difficult to maintain that in the RV and AV there is the same degree of ontological speculation. On the contrary, within this corpus ‘being’ can be understood fundamentally as the idea of the unity of the being, connecting the corporeal and incorporeal aspects, either of oneself or of another. Most probably, given the emphasis found in the following passages, a better translation could be ‘sameness’. It is in this sense that the following passages should be understood although the translation as ‘being’ has been kept for the sake of clarity:

(8) yākṣmam7 sārvasmāt ātmānaḥ tām Idām vi vṛhāmi te
   yākṣma-ACC.SG all-ABL.SG ABL.SG DEM.ACC.SG DEM.ACC.SG remove-1SG.PRS.ACT 2SG.G
   ‘This yākṣma I remove from all your being / from yourself’ (RV 10.163.5c = 6cd)

(9) sōmaṃ indraḥ pibatu .... bālam dādhaŋ ātmāni
   soma-ACC.SG Indra-N.SG drink-3SG.IMPTV.ACT strength - ACC.SG put-PTC.MED.N.SG LOC.SG
   ‘May Indra drink soma, putting strength in his being / on himself’ (RV 9.113.1c)

---

7 Name of an illness, possibly a type of tuberculosis (ELIZARENKOVA, 2005).
In (8) and (9), the value of ātmán- goes beyond the idea of ‘vital breath’ and involves the corporeal aspect of the being. This is not the case in those few instances that can be included within the Family Books of the RV, nor in a large number of the remaining passages. Note that (8) forms part of the texts containing medicinal incantations, a frequent occurrence especially in the AV. Example (9), however, is more difficult to place since Book 9 is a later compilation of hymns dedicated to Soma. For reasons to be discussed below (see “Tanū́- and ātmán-”), these can be considered as later texts.

To provide a broad summary of the uses of ātmán- in the RV, one could say it is principally used to mean ‘that which fills with life’, ‘vital breath’ or ‘vital principle’, referring to human beings, to gods or to certain animated elements such as the wind. This use can be found in 16 of the 22 passages: 7.87.2a, 7.101.6b, 8.3.24ab, 9.2.10d, 9.6.8a, 9.85.3b, 10.92.13c, 10.97.11c, 10.107.7c, 10.168.4a, 1.34.7d, 1.73.2d, 1.115.1d, 1.162.20a, 1.163.6a and 1.164.4c. In the majority of passages, this term is used in direct cases (nominative and accusative).

In some of these cases, especially when it is connected to other key concepts such as tanū́- or āsu-, the term ātmán- makes reference to one of the parts of the being. In contrast, it refers to the self or being in a more general sense in those passages in which it makes reference to the extraction of an illness or part of a funeral hymn (situations which are less typical in the oldest hymns): 10.16.3a, 10.97.4d = 8d, 10.163.5c = 6c and also 9.113.1c.

**Atharvaveda**

**Vital principle**

Both of the values appearing in the RV are present in the AV, particularly that of ‘vital breath’, ‘vital principle’:

(10) ātmā́  jāgatas  tashūṣas  ca
    N.SG moving-G.SG fixed-G.SG And
    ‘The vital breath of what is moving and of what is fixed’ (AV 13.2.35d)

As occurs with the most recent hymns of the RV, and more frequently in the AV, ātmán- is combined with other elements referring to the animated being, as for example with āsu-, and also with tanū́-:

(11) āsur  ātmā́  tanvās  tát  sumāt  guḥ
    life-N.SG N.SG body-ABL.SG DEM.N.SG together gone-3PL.AOR.INJ.ACT
    ‘The vital breath, the life are gone together from the body’ (AV 5.1.7b)
Animated being

As in the RV, there are passages in the AV in which the concept does not refer to just one of the components of the animated being, but to the being as a whole, in which the corporeal or material aspects converge with the incorporeal aspect. This is in line with the observations of Gardner (1998) regarding the degree of imprecision or non-specificity of ātmān- in certain contexts. Among the cases in which ātmān- is combined with other elements referring to the whole of the animated being, are the following:

(12)  yāt te ātmāni tanvām ghorām Te āsti
REL.N.SG 2G.SG LOC.SG body-LOC.SG frightful-N.SG 2G.SG be-3SG.PRS.ACT
‘That which is frightful in your being / yourself / in your body’ (AV 1.18.3a)

(13)  yād ātmāni tanvāḥ me vīriṣṭam
REL.ACC.SG LOC.SG body-G.SG 1G.SG broken-ACC.SG
sārasvatī tād ā́ pr̥n̥ad ghr̥tēna
Sarasvati-N.SG DEM.ACC.SG complete-ACC.SG clarified.butter-INS.SG
‘That which is broken in my body, let Sarasvati [become] complete with clarified butter’
(AV 7.57.1c)

The genitive of (13) reveals a distinction between tanū́ - and ātmān-, as “container” and “content”. Additionally combinations with another key element prāṇā- are found in the AV:

(14)  pṛ̥ thak sārve prājāpatyāḥ prāṇā́ ātmāsu bibhrāti
separately all-N.PL Prājāpati’s descendant-N.PL vital.breath-ACC.PL LOC.PL carry-3PL.PRS.ACT
‘All Prājāpati’s descendants carry separately their vital breaths in their selves’
(AV 11.5.22ab)

This term, prāṇā-, merits particular mention given its semantic proximity to ātmān-, which can perhaps be explained by a common etymology (an- ‘breathe’ + prefix prá) (MAYRHOFER, 1986-1992). The appearance of prāṇā- is notably infrequent in the most ancient texts of the RV, only occurring on five occasions (KAHLE, 2012), four of which belonging to the most recent texts (ELIZARENKOVA, 2005). It can also be noted here that, as opposed to those passages in which ātmān- appears (and thus, the “content”), here this meaning is expressed by prāṇā-, displacing the other concept of “container”.

8 Note the strangeness of a literal translation ‘[…] in their own selves’.

9 Note that the change of contained/container is one of the most frequent cases of semantic change by metonymy. See Luján (2010b).
Considering the etymological relation and the internal chronology of the texts, this may explain the lack of interrelation between the two concepts in the earliest texts. As noted by Elizarenkova (2005), if the common etymology had existed at the time of composition of the earliest texts, it may have been difficult to consider both elements as differentiated components of the being. In the AV, however, this distinction can be made through the loss of this semantic association (Elizarenkova, 2005). If we regard this as a possible semantic development, it seems logical that this distinction would be even greater in the brāhmaṇas, generally later than the RV and a large part of the hymns of the AV. This would be the case to the degree to which prāṇā- assumes the ancient meaning of ātmān- as the ‘vital breath’ when ātmān- comes to be specifically associated with the concept of ‘animated being’, ‘selfhood’, “assuming the aspect of āsu- as the spiritual component of man that transcends death” (Kahle, 2012). In fact, this appears to be the meaning pointed to in example (14).

**Interior being**

Taking the idea of ‘full of life’ as a point of departure, it is possible to reach the notion of ‘being (full of life)’, as seen in the RV. In the AV, this semantic change appears to go further towards encompassing an idea that distinguishes between the two aspects of the being: the interior and exterior. This is absolutely crucial if we recall the conception of ātmān- as that which is able to enter into the being:

(15) yaksmodhām antār ātmānah bahīr nīr mantrayāmahe

seat.of.desease-ACC.SG within ABL.SG out far speak-1PL.PRS.MED

“We call out and far the seat of the yakṣma, from within your own self” (AV 9.8.9cd)

As can be seen, this is also closely related to the idea of the interior and the animated being understood as a whole, that is, including the corporeal and incorporeal aspects:

(16) yāt te dyuttām āstī pēśṭram Te ātmāni

REL.N.SG 2G.SG broken-N.SG be-3SG.PRS.ACT bone-N.SG 2G.SG LOC.SG

“That bone12 which is broken in your being / in yourself” (AV 4.12.2b)

Ātmān-, understood as the ‘interior being’ is now in opposition to the ‘exterior being’:

---

10 For an excellent study of the relation between ātmān- and prāṇā-, especially in later literature, see Zysk (1993).

11 Note that Willman-Grabowska (1931) maintains that the idea of the ‘soul or inner principle’ or ‘oneself/ the self’ is more frequent that that of ‘vital breath’ in the AV.

12 Pēśṭram probably makes reference not only to the bone structure by to a section of bone with the surrounding flesh due to its possible etymological relation with pes- ‘strain, grind’ (Mayrhofer, 1986-1992, p. 70), who translates it as Fleischstück (literally, ‘piece of meat’).
Rūpā́ni and ātmā́nam are antithetical: rūpā́ni ‘the outer form of things’; ātmā́nam ‘thy own nature’. It is a controlling characteristic of Vedic conceptions that the inner, true nature of any divinity, or instrument of power, must be understood in order to control its influence or power. (BLOOMFIELD, 1897, p. 402-403).

This may gradually lead to a reflexive interpretation, as is evident in the following passage:

(17) āvīṣ kr̥ṇuṣva rūpā́ni mā́ ātmā́nam ápa gūhathāḥ
manifest make-2SG.IMPV.MED shape-ACC.PL not ACC.SG hide-2SG.INJ.MED
‘Make manifest your (outer) shapes, do not hide your (inner) being’ (AV 4.20.5ab)

At this point is seems clear that the interior and that which forms an intrinsic part of the being, its quintessence, are merged:

(18) adbhir ātmā́nam abhi sāṃ spr̥śantām
water-INS.PL ACC.SG to bring.into.contact-3PL.IMPV.MED
‘Let [the grains] bring into contact with the waters’ (AV 12.3.30ab)

**Reflexive marker**

Through the notion of ‘being’ understood as a whole (corporeal and incorporeal aspects), it is a simple matter to extend its use to that of a reflexive marker, as seen when ātmā́nam- is co-referent to another element in the clause:

(19) śr̥yāṃsam enam ātmānah mānayet
superior-ACC.SG DEM.ACC.SG ABL.SG consider-3SG.OPT.ACT
‘He should consider that one as superior to himself’ (AV 15.10.2a)

(20) indraḥ yāṃ cakrā Ātmāne
Indra-N.SG REL.ACC.SG make-3SG.PF.MED DAT.SG
anamitrāṁ śācīpāthīṁ
having.no.enemies-ACC.SG lord.of.might-N.SG
‘To that [i.e. Earth] which Indra, lord of might, made with no enemies for himself (for his own self)’ (AV 12.1.10cd)

---

13 “Rūpā́ni and ātmā́nam are antithetical: rūpā́ni ‘the external form of things’; ātmā́nam ‘its own nature’. It is a determining characteristic in Vedic that the internal nature, the true nature, of any divinity or instrument of power must be understood in order to control its influence or power.”
According to the data obtained here, it is difficult to support that the reflexive meaning is already present in the RV given that there is only one passage that exhibits the properties of a reflexive (RV 9.113.1c), attributed to the most recent period.

Generally speaking, cross-linguistic studies of reflexivity largely focus on direct cases, that is, those in which co-reference is established between the first and the second actants, typically subject and direct object (accusative case). However, the phenomenon of reflexivity can be extended to indirect cases as well, that is, when there is a third actant, generally in oblique cases, as in (19) and (20).

Examples from different languages help to understand how this term comes to be interpreted as a reflexive, since there are plenty of cross-linguistic evidence for reflexives that develop from elements meaning ‘spirit’, ‘being’, ‘person’, ‘body’ (SCHLADT, 2000; KÖNIG; SIEMUND, 2000; HEINE; KUTEVA, 2002), with possible intermediate stages in which the element intensifies the co-reference. In fact, this emphatic value can also be found in passages of the AV, emphasising co-reference (fundamentally with accusative) and in situations of nominal intensification (generally oblique cases, especially instrumental and locative), in which ātmān- produces an effect similar to that found in the emphatic expressions “himself/herself”, “in person” or “in the flesh”:

(21) nir evā ápriyasya bhrāṛvyasya śrīyam
dahati bhāvati ātmānā

‘Indeed, [he] destroys completely the prosperity of his unkind enemy, [he] turns to be by himself’ (AV 9.5.31-36ef)

(22) jarásā śatāhāyana ātmānā Bhújam aśnutām

‘May [he] reach the curve by himself with his decay and in hundred years’ (AV 8.2.8cd)

An interpretation merely based on the lexical sense of the word would be very peculiar: ‘Becomes by his own vital breath’, ‘May he reach the curve with his vital breath’. But if we consider an emphatic reading applied to the idea of the whole being, similar to what occurs with the emphatic expression “him/herself”, the text becomes much clearer. Further, it is consistent with the development of a reflexive grammatical element, which often develops through the need to intensify the co-reference between two elements in a clause.
In summarising the uses in the AV, we find, firstly, that many are maintained in the RV in certain contexts; secondly, that with this meaning the combination of ātmān- with other concepts referring to parts of the being are more frequent; and thirdly, there is a degree of expansion in the range of possible meanings ('being', 'interior being', reflexive and emphatic).

Although many passages are more difficult to classify in a single meaning (there are many ambiguous cases), the following distribution of passages according to meaning can be offered:

‘Vital principle’: 13.2.35d, 5.1.7b, 11.8.31cd, 5.5.7cd, 5.9.7ab, 12.2.34cd, 3.29.8cd, 10.8.44cd, 5.9.7cd, 19.51.1ab, 9.9.4cd, 16.3.5, 9.4.10ab, 7.111.1, 7.67.1ab, 6.53.2ab.

‘Being’: 1.18.3a, 7.57.1cd, 11.5.22ab, 19.48.5cd, 9.1.11-13cd, 9.1.16cd, 8.6.13ab, 3.15.7cd, 11.5.15cd, 5.29.5ab, 4.18.6cd, 19.33.5ab, 18.2.7ab, 6.16.2cd, 4.9.7cd.

‘Interior being’: 9.8.9cd, 7.53.3cd, 4.12.2b, 4.20.5cd, 12.4.30ab.

Reflexive: 15.10.2a, 12.1.10cd, 15.1.2, 12.3.54ab, 9.6.21, 19.17.1-10cd, 12.3.51cd, 9.5.30ab, 16.7.5ab.

Emphatic: 9.5.31-36ef, 8.2.8cd, 5.29.6-9c.

A semantic map

The use of ātmān- throughout the corpus points towards an increasing frequency of use and an extension of the range of contexts from the earliest hymns of the RV to the series of hymns in the RV 10 and on to the AV. Although it is beyond the scope of the present work, it would be interesting to study the continuation of this extension into later texts, possibly into Vedic prose, in order to confirm the affirmations of several authors as to the consolidation of a reflexive meaning (GARDNER, 1998; KAHLE, 2012).

This process of change connects their synchronic and diachronic aspects. On one hand, there is a clear set of differences between the three nuclei that are not only dialectal but also of content. The hymns of the RV and AV where we find an extension in the range of uses are often related to the practice of medicinal and funeral incantations. Furthermore, although not a definitive or irrefutable argument, the differences found may point towards a relative chronology where the semantic changes occurring over time in the three nuclei generally coinciding with the broad phases of these texts. The first phase generally coincides with the most typical meaning of ‘vital breath’ or ‘vital principle’; the second phase, with texts where the meaning extends to ‘being’, ‘person’, in general terms, especially in Book 10 of the RV, and the most recent, the third phase, corresponds to the AV, where there is an extension to a much broader range of uses (‘interior being’,
emphatic, reflexive) and towards the rest of the nominal paradigm. This semantic change may be related to a morpho-syntactic development as in the majority of cases the meaning 'vital principle' are direct cases (nominative and accusative), while the other meanings are generally associated with indirect cases.

It is essential to identify different meanings and their interrelation in order to understand the process of semantic change. This process is not random but occurs across contiguous zones of meaning. A useful tool for analysis is a graphic representation using a semantic map that also allows synchronic aspects to be linked to diachronic aspects. A semantic map can be defined as “A geometrical representation of functions in a ‘conceptual/semantic space’ interrelated through connecting lines, thus creating a network.” (HASPELMATH, 2003, p.213). That is, a semantic map represents a selection of meanings and their interrelation and thus helps to create a network of shared semantic features. In order to understand the interrelation between different meanings, it is essential to understand the properties of each. As an example, Haspelmath (2003) proposes the following semantic map applied to the development of the reflexive:

**Figure 1 – Semantic map of the reflexive and middle functions.**

![Semantic map of the reflexive and middle functions.](image)

**Source:** Haspelmath (2003, p.235).

Although one may object to certain aspects of this map, particularly the development of grooming actions from full reflexives and not the reverse (see SCHLADT, 2000), it serves to show that semantic change does not occur randomly but rather through the shared features of contiguous functions. Thus, the contiguity between the emphatic reflexive and full reflexive is connected to a simple change from one meaning to another and not a large jump from the emphatic reflexive to an anticausative.\(^{14}\)

The following semantic map\(^{15}\) has been created based on the evidence of the uses and functions of ātmān- in the RV and AV:

---

\(^{14}\) I am especially grateful for the comments of one of the peer reviewers regarding the presentation of the semantic maps. I have altered the original by inserting directional arrows (absent in the model by HASPELMATH, 2003) in order to make clear that semantic change occurs in a particular direction.

\(^{15}\) It should be noted here that the map has a special nucleus for emphatic values (‘the person themselves’). This does not necessarily mean that there are passages in which this is the function, but rather a semantic nuance.
This map reflects the semantic change produced from one set of hymns to another. In the process, the term does not acquire new meanings in detriment to others but simply adds an additional layer of meaning. This change occurs across contiguous zones of meaning. In this case, the direction of the change is from ‘vital principle’ to ‘animated being’ and from there to other values due to the shared features of the contiguous zones of meaning. It would be difficult to explain an emphatic use, for example ‘the person themselves’ developing from the idea of ‘vital breath’, without an intermediate point of meaning as ‘the person as a whole’. Similarly, it is unexpected that a reflexive value would develop from the idea of ‘vital principle’ and towards a later meaning of ‘animated being’.

The direction of change seen here fully coincides with proposals for a similar change applied to various other languages with a similar development of reflexives from vocabulary related to the soul, the body or its parts, and through intermediate emphatic meanings which arise through a need to create co-reference (SCHLADT, 2000; KÖNIG; SIEMUND, 2000; HEINE; KUTEVA, 2002). This change is generally categorised as a case of grammaticalisation, that is, the term passes from a purely lexical element to having, in certain contexts, a grammatical function. During this process of grammaticalisation, contexts frequently become more generalised, that is, the element expands its range of meaning and possible contexts for use, resulting in cases of polysemy (HOPPER; TRAUGOTT, 2003), as shown in this research.
With our semantic map of ātmān- in the RV and AV, it can be instructive to compare this to the map of ātmān- in classical Sanskrit by FRANÇOIS (2008), in which the data are not drawn directly from the texts but from secondary literature:

**Figure 3** – Semantic map of ātmān- in Sanskrit.

![Semantic Map of ātmān- in Sanskrit](image)


This map also indicates a direction of change across contiguous features of meaning. The reflexive does not develop directly from the idea of ‘vital breath’, but through a series of intermediate points, the most essential of which is ‘the person themselves, the own being’. The development of the meaning ‘soul’ from the idea of ‘life force’ is also coherent within this process, although this value was not found in the texts of the RV and AV.

Note, however, that there are some significant differences between the two maps. These differences demonstrate the importance of philological research for a rigorous analysis of a language that, in turn, allows for more effective cross-linguistic comparisons. Firstly, when dealing with an ancient language as in this case, research that does not include a detailed study of the primary source material is less precise: the Sanskrit found in reference works tends to have an excessively broad temporal margin that may obscure the data that can be gathered from the diachronic process. Note that several of the meanings in this map are not really found in the texts of the RV and AV while the distinction between ‘breath of life’ and ‘life force’ can seem rather unnecessary.

Secondly, a detailed philological work can more exactly determine intermediate values to be taken into account in semantic development. Particularly, the RV and AV reveal the essential intermediate reading of ‘person’, understood both in its corporeal and incorporeal aspects, allowing the development of the meaning ‘the own self’, ‘oneself’, ‘him/herself’. 
Ātmán- and tanū́-

Beyond the cross-linguistic evidence, we can look to possible internal factors affecting the semantic change in ātmán-. As shown, this word is generally associated with others that also make reference to parts of the being and which may at times share a similar meaning. This is particularly the case with tanū́-, a feminine noun originally meaning ‘body’ that has also undergone semantic and syntactic changes in the corpus, moving from a much more lexical function to that of a reflexive marker. While it is impossible to provide a detailed analysis of this word and its semantic changes here, this subject has been exhaustively explored in a number of works (PINAULT, 2001; HOCK, 2006; KULIKOV, 2007; HETTRICH, 2010; ORQUEDA, 2013).

Succinctly put, the lexical meaning of tanū́- as ‘body’ is predominant, especially in the earliest texts and continues to be used throughout the corpus:

(23) tanvā̀ me tanvàṃ sám pipr̥ gdhi

body-DAT.SG 1G.SG body-ACC.SG with join-2SG.IMPV.ACT

‘Join your body with my body’ (RV 10.10.11d)

From the most recent books of the RV on, we find the addition of the meaning of ‘being’, also understood in an integral manner, as a conjunction of the corporeal and incorporeal aspects. For this reason, Gardner (1998) chooses to translate this word as ‘presence’.

The term later acquires a reflexive value (25, 26), but before reaching this point it is found in a number of different contexts in which its interpretation lies ambiguously in between a lexical and a reflexive value (24):

(24) sū́raḥ upāké tanvàṃ dádhānaḥ

sun-G.SG before-LOC.SG body/himself-ACC.SG put-PTC.MED.N.SG

‘Putting your body/yourself in the proximity of the sun’ (RV 4.16.14a)

(25) svayám16 yajasva17 Tanvàm pythivī́m utá dyā́m

by.yourself worship-2SG.IMPV.MED yourself-ACC.SG earth-ACC.SG and sky-ACC.SG

‘[Viśvakarman], by yourself, worship yourself, earth, and sky’ (RV 10.81.6b)

---

16 Svayám functions here as an adverbial intensifier: emphasising that the action is performed by Viśvakarman’s own means.

17 Yaj- is habitually translated as ‘to sacrifice’ due to its relation with yajñá- ‘sacrifice’. However, there is a crucial difference between the behaviour of yaj- in Vedic and ‘sacrifice’ in Spanish: in the clause of the Spanish verb,
During the course of development towards a reflexive use, there are frequent contexts in which *tanũ* functions as an intensifier. This is due to the familiar pattern of semantic change in which an intermediate stage of intensification is required:

(27) | ágne | yajasva | tanvāṃ | táva | svām
---|---|---|---|---
Agni-VOC.SG worship-2SG.IMPV.MED body-ACC.SG 2G.SG own-ACC.SG

‘Agni, worship your own body / worship yourself’ (RV 6.11.2d)

In (26) and (27), *tanũ* is used as a reflexive and, in both cases, this interpretation arises from an intermediate emphatic situation: a simple reflexive interpretation can be achieved from the use of the middle voice. Thus, *tanũ* (especially when reinforced with *svā*) intensifies the situation of co-reference.

The existence of ambiguous (for example, lexical and reflexive) passages is fundamental to proposing the possibility of semantic change (SCHLADT, 2000). In fact, in very few cases (and never in the earliest hymns of the RV) can *tanũ*-be understood solely as a reflexive, with a complete loss of its lexical meaning. However, ambiguous passages in which both interpretations are possible do appear in the RV, raising the possibility that the process of semantic change undergone by *tanũ*-towards becoming a reflexive marker with an intermediate stage with an emphatic nuance is older than the similar process undergone by *ātmān*. The process of semantic change undergone by *tanũ*-may have led to a superimposition over *ātmān*- for certain meanings and a close relation between both terms. Thus, semantic change may have occurred to *ātmān*, partly as a result of the model provided by *tanũ*. Furthermore, this may explain how some of the uses of *tanũ*-are assumed by *ātmān*-while some uses of *ātmān*-are assumed by *prāṇa*.

Returning to (9), the only passage in the RV in which *ātmān*-approaches a reflexive use, this may be explained as a late case and repeat of what occurs with *tanũ*-as similar earlier contexts for this word can be found. Note the parallel with the following passages from Book 3:

---

the only second argument possible is that of the object of sacrifice, the oblation in Vedic, in addition to this construction, *yaj-* permits a second argument as the beneficiary of the sacrifice (BAUM, 2010). In these cases, the term is translated as ‘to worship’.

18 Literally: ‘creating a friend for your own being’.
bālaṃ dhehi tanū́ṣu nah
strength-ACC.SG put-2SG.IMPV.ACT body-LOC.PL 1G.PL
‘[Indra], put strength in our bodies’ (RV 3.53.18a)

ádhi śrávāṃsi dhehi nas tanū́ṣu
upon fame-ACC.PL put-2SG.IMPV.ACT 1G.PL body-LOC.PL
‘[Agni], put fame upon our bodies’ (RV 3.19.5d)

In all of these cases Agni or Indra is invoked and these gods are related to the capacity to give (or give oneself) strength. While this semantic and syntactic structure appears with tanū́- in the earliest texts of the RV, a similar situation with ātmán- is found in later texts and with a corporeal meaning added, precisely the lexical value originally attached to tanū́-.

Consequently, one could offer the hypothesis that the passage with ātmán- was in some way constructed using structures proper to tanū́-, after assuming part of its meaning. This is not surprising if one considers the process mentioned previously whereby the notion ‘that which fills with life’ evolves into ‘the being full of life’, and then finally to ‘being’, given that tanū́- also changes from the idea ‘body of a being’ towards simply ‘being’ through metonymy, with the same observations made for ātmán- regarding the ontological problem of translating this term. An additional argument for this hypothesis may be the fact that in (9) ātmán- is in the locative, as occurs in (28) and (29). Interestingly, the use of oblique cases of this word can be found relatively late. Furthermore, there is a clear ambiguity in (9) between a lexical interpretation and a reflexive, which relates it perhaps even more closely to the development of tanū́- towards a reflexive value through ambiguous situations.

Final comments

The results of this research show that, in line with current cross-linguistic proposals, ātmán- is not limited to a single meaning but includes a range of different meanings, such as ‘being’, ‘vital breath’, ‘oneself’, etc. But this range of meanings cannot be explained solely as a case of polysemy at a synchronic level, as this semantic change appears to be related to diachronic development throughout the hymns of the RV and AV. Although there is limited data for the earliest RV language (Books 2 to 7), one can postulate a certain diachronic variation connected to the emergence of specific features and semantic meanings in each stage.
1) Early RV, the oldest nucleus of the RV and part of the most recent, in which the principal meaning is that of ‘vital breath or vital principle’, ‘breath’.

2) Late RV, consisting of some more recent hymns from the RV and part of the AV, in which the term assumes a meaning similar to ‘interior being’ and ‘animated being’ or ‘person’. Through this, we can interpret a degree of emphasis on the idea of the self, similar to the meanings attributed to tanū-, which appears to indicate the uses of tanū- being partially assumed by ātmān-.

3) Finally, and in parentheses given the difficulties in establishing the chronology of the AV, the greatest part of this collection can be classified as a third stage, understood as a series of passages in which the word acquires a more clearly reflexive value. This is possible through the assumption of the meanings recently attributed to tanū- and may explain the fact that once ātmān- fully assumes a reflexive role, to be continued into future texts, tanū- stops its incipient development towards the role of a reflexive marker and never become fully grammaticalised.

The texts provide vivid evidence of semantic change. In order to be fully understood, it requires an analysis of the interrelation between each of the elements during the different periods of the language. This also leads to a reflection on diachronic and synchronic studies: a change in one of these aspects is intrinsically linked to changes in the other. In turn, a diachronic change in one of the elements of a language may result in a lexical reorganisation at the synchronic level.19

Finally, and in defence of philology, it is evident that an exhaustive analysis of the text is essential to providing a precise linguistic description and must be taken into account in the field of linguistic typology.

Abbreviations

| ABL | Ablative | IMPV | Imperative | PF | Perfect |
| ACC | Accusative | INJ | Injunctive | IP | Interrogative Particle |
| ACT | Active Voice | INS | Instrumental | PL | Plural |
| AOR | Aorist | INT | Intensive | PRS | Present |
| DAT | Dative | LOC | Locative | PTC | Participle |
| DEM | Demonstrative | MED | Middle Voice | REL | Relative |
| G | Genitive | OPT | Optative | SG | Singular |

---

19 In some way, in the spirit of the now classic proposal by Trier, beyond any criticism that linguistic historiography may make.
Acknowledgements

This research was conducted within the framework of Research Project FFI2012-36069-C03-02: “Estudios de formación nominal: lenguas paleohispánicas e indoeuropeas antiguas” of the Department of Greek Philology and Indo-European Linguistics of the Complutense University, Madrid.

I would like to express my sincere gratitude for the close reading and comments of Óscar Figueroa Castro, and the invaluable contributions of Eugenio Luján Martínez and Julia Mendoza. This work was particularly enriched thanks to the pertinent observations of the peer reviewers to whom I am very grateful. All errors are my own.


• RESUMEN: Este artículo analiza el uso de ātmān- en el R̥gveda y el Atharvaveda y tiene por objetivo demostrar la existencia de una situación activa de cambio semántico a lo largo del periodo de composición de estos textos. El marco teórico utilizado es cognitivo y tipológico-functional, y para llevar a cabo la investigación se ha analizado gramatical y filológicamente todos los pasajes en que se utiliza esta palabra dentro del corpus seleccionado. Entre los resultados más relevantes se encuentra que durante este proceso de cambio ātmān- adquiere nuevos valores (‘ser’, ‘sí mismo’), sin perder necesariamente los anteriores (‘principio vital’, ‘hálito’). La organización de los diferentes valores en un mapa semántico permite concluir, en primer lugar, que la dirección del cambio semántico de ātmān- es similar a la experimentada por términos equivalentes en otras lenguas del mundo y, en segundo lugar, que este cambio se encuentra estrechamente relacionado por aquel experimentado previamente por tanā- ‘cuerpo’, ‘sí mismo’. Así, el presente trabajo pretende ser un aporte individual a propuestas interlingüísticas acerca de la gramaticalización y la direccionalidad del cambio.


REFERENCES


**BIBLIOGRAPHY**


Received in April, 2014

Approved in August, 2014