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Carla GORNI²
José Anderson SANTOS CRUZ³

Thinking about Education is to be facing challenges, from which and in a particularly provocative scenario, we have intertwined Psychology and Education conforming this Special Edition, a compilation of articles with studies developed and oriented by clinical psychologists, analysts and professors; whose texts were carefully assigned, evaluated and revised.

At the beginning of this production, we had no idea of the critical circumstance we would face in 2020. During the management of this publication – **v. 22, n. esp. 1, oct., 2020** – we were faced with the Covid-19 pandemic, a serious public health issue immanent to the immense challenge of research, vaccine production. Our modus vivendi has been drastically transformed, the social isolation, indispensable to contain the contamination, was the ample and non-negotiable condition of survival of most of the population.

From this new context, where research and publication have gained another level and seriousness, that is, an exact and just vital value, this scientific editorial production has been unveiled with the intention of sharing knowledge. Aware that publishing brings researchers closer together enabling the interweaving of data, analysis and results, as well as transforming isolated efforts that when metabolized can and should present new science; we feel, modestly,

¹ Translated by Alexander Vinicius Leite da Silva - Editora Ibero-Americana de Educação.

² University Center of Barra Mansa (UBM), Barra Mansa - RJ – Brazil. Graduation Coordinator, research advisor, scientific journal editor and professor. Doctorate in Music (UNIRIO) – Brazil. ORCID: <https://orcid.org/0000-0001-9085-1631>. E-mail: carlagorni@hotmail.com

³ São Paulo State University (UNESP), Araraquara – SP – Brazil. Doctorate Student in School Education, Faculty of Sciences and Languages (FCLAr/UNESP) – Brazil. Collaborating Advisor ESALQ/PECEGE. Adjunct Editor of Periodicals and Technical Advisor in Scientific Periodicals Management. CAPES Scholarship. Editor in charge of the Editora Ibero-Americana de Educação. ORCID: <https://orcid.org/0000-0001-5223-8078>. E-mail: anderson.cruz@unesp.br

to cooperate with this new contemporary social demand so closely related to survival and here, specifically, to the quality of life.

The world today, with all this exceptionality, is fertile for us. Never has research been done with such urgency, and never have reliable scientific publications been so based on international health standards.

In this process of scientific production, which lasted 9 months, the double blind evaluations, the realization of the repairs required by the evaluators, the review and diagramming of the articles, were all steps operated in unprecedented ways of living, teaching, doing science, research and guidance.

In order to clarify this academic scientific effort, the following briefly describes each work, sequenced by approach:

The first paper – **The ideal body: body representation in subjectivity and contemporaneity**, the authors, Marcela Dupont Soares and Josefa Ferreira Barbosa, approach the relationship between the subjects and the image they have of their bodies influenced by the media. These manipulate massive concepts and values (about the body) that become a pole of deep desire and object of great investment. This “cult”, a contemporary characteristic, tends to the excessive search for physical perfection, causing damages clarified here.

The authors Remo dos SANTOS and Pedro Augusto Dinelli CRUZ present – **An analysis of consumption relations and the process of subjectivation in modernity**, a research, which deals with the process of subjectivation in the Society of Consumption using Michel Foucault's theories to analyze the structure of societies throughout history, reinforcing their behavior and delimiting what is culture of consumption. The theme, transcendent here to the act of consuming, creates logics and behaviors, demonstrating that the exercise of possessing is in the background, because the maintenance of the dynamics of consumption depends primarily on the search for the desire to consume. Therefore, consumption is central and the subject of it will prove to be driven and transformed by it.

The third text – **A route through the anguish in Freud's work**, the authors, Ana Carolina de Faria HUGUENIN and Lavínia Carvalho BRITO go through the main texts by Sigmund Freud that have this important clinical phenomenon as their central theme. Analyzed by him since the beginning of his work, in a first moment the anguish was directly related to the current neuroses. This is the starting point for a first theory about him, in which it was considered the result of an unloaded sexual excitement. Continuously, the approaches to anguish are transformed, culminating in a second theory presented in the famous text

“Inhibition, Symptom and Anguish” of 1926. This article, also a bibliographical review, reveals Freud's path regarding the theories on distress and the main concepts articulated to it.

Toxicomania: drugs, subject and psychoanalysis – Rafaela Gonçalves de Jesus LAMEGO and Lavínia Carvalho BRITO NEVES point out paths traditionally traveled to treat drug consumption, as well as others explored from psychoanalysis. The text includes analysis of terms commonly related to drug consumption, so that one can distinguish the characteristics that lead psychoanalysts to assume the term toxicomania and not others, emphasizing the subject-drug relationship. The relationship of clinical structures – neurosis, psychosis and perversion – with the malaise highlighted by Freud and with the Lacanian concept of enjoyment are treated. As a final consideration it is observed that psychoanalysis can contribute in an incisive way to the treatment of drug addicts, since this reference sees beyond the drug addict, a subject, and proposes to operate with it.

The fifth study - **The importance of speech in the therapeutic process in the daseinsanalytic phenomenological approach** – Larissa Pinheiro de Castro, Carolina de Souza Carvalho and Eduardo de Freitas Miranda present the importance of speech in the therapeutic process in the phenomenological approach to analytics. A brief history of Daseinsanalysis elucidates the realization of man as human in language, submitting the support of the therapeutic process through speech that is articulated to language, in which listening and silence merge in understanding, shows that, through original speech, Dasein in opening has the possibility of modifying and transforming its way of existing. The qualitative and descriptive methodology of data collection in the bibliographical field, with authors dealing with the subject, corroborated with the understanding that speech in psychotherapy is a transit route for the modification and transformation of its way of being and existing.

Burnout Syndrome: an evaluation with civil police officers of a municipality in the Medium Paraíba region – the sixth paper of this special edition, a descriptive-quantitative study, Raquel Lessa da Silva JACINTO and Maria Aparecida Magalhães SALLES, identifies the occurrence of Burnout Syndrome in the civil police officers. The data collection, using Maslach Burnout Inventory (MBI), with questions of socio-demographic and professional data, was carried out with 28 professionals from a police station in the Medium Paraíba Region. It was verified the presence of the Syndrome in 50% of the researched professionals and high level in the dimensions of Emotional Exhaustion, Depersonalization and Low Professional Realization. It is concluded the necessity of a look to the mental health, with strategies of care that aim to guarantee the physical and emotional integrity of the police officers.

The seventh paper – **Work and religious intolerance: a study about the issue of the prejudice against African descent religions believers in the organizational environment** – Bianca Bichuli Lopes, Pablo Emilio da Silva and Pedro Augusto Dinelli Cruz, analyze influences and consequences of religious intolerance on interpersonal behavior within organizations integrating professors of African religions, belonging to centers in the medium Paraíba region. For the data collection, 30 participants were interviewed, from a focus group, using semi-structured questions. In final consideration it is observed that religious intolerance is something latent and emergent in the institutional scope, being a potentiator of interpersonal conflicts and psychic suffering of the collaborator, lacking attention and development of new organizational strategies, as well as greater integration of psychology professionals to contribute to the solution and confrontation of this problem.

Closing the edition, the eighth text – **Development of the Nova Luz game for use in psychotherapy in cases of food disorders** – in a cognitive-behavioral approach based on the cognitive model associated to specific techniques and strategies, aiming at modifying thoughts, beliefs and dysfunctional behaviors related to the patient's suffering or emotional disorder. The authors, Raquel SARTORATO and Luísa PELUCIO, present the development of the game Nova Luz as a resource to be used in psychotherapy in cases of AT. The construction was done according to the existing literature and the acquired knowledge. Thus, the purpose of creating an artifice was achieved in order to promote moments of psychoeducation and contribute to the investigation of important factors for the psychotherapeutic process, in a less tense and more spontaneous way during the session, when the patient brings the complaint related to the eating issue.

We are grateful to Prof. Me. Maricinéia Pereira Meireles da Silva for the exquisite revision of the texts as well as for the courage and diligence of the students and professors, because by publishing this Special Issue in *DOXA: Revista Brasileira de Psicologia e Educação* they have collaborated with the communication of works that incite reflection, and that by using logic, methodologies and analysis, can provoke debates and point out actions that improve the quality of life, constituting, at last, a scientific academic effort that tends to benefit..

We thank the applied work of the Editorial Team of the Editora Ibero-Americana de Educação and *DOXA: Revista Brasileira de Psicologia e Educação*, for the metadata work developed, translation, validation and attribution of DOI. We congratulate the efforts, because the editorial process demands dedication, ethical work and attention from all of us; to the

researchers, professors and students who shared their knowledge for the scientific dissemination.

Have a nice reading!

